

# LifeSPAN Facilitator Manual

## Table of Contents

	<b>Page #</b>
<b>Chapter 1: An Introduction to LifeSPAN</b>	<b>1</b>
A Brief History of LifeSPAN	1
LifeSPAN's Core Values	2
Traditions and Guiding Principles	3
LifeSPAN's Vision, Beliefs, and Mission	4
LifeSPAN Services	5
LifeSPAN Costs	6
<b>Chapter 2: Introduction to Relationships</b>	<b>7</b>
What is a Personal Network?	7
Where did the Idea of Networks come from?	8
Network Members	8
About Networks	9
<b>Chapter 3: Building the Network</b>	<b>13</b>
After the LifeSPAN Orientation	13
Phase 1: Exploration	13
Phase 2: Formation – The First Network Meeting	20
Phase 3: Maintenance – Finding & Keeping Network Members	27
Tips from Facilitators to Facilitators	29
<b>Chapter 4: Stories from Networks</b>	<b>31</b>
<b>Chapter 5: Roles, Responsibilities, and Communication</b>	<b>33</b>
Facilitator's Responsibilities	33
Characteristics and Qualities of an Effective Network Facilitator	34
Role of the Facilitator	35
Nuts and Bolts of Facilitation	36
Communication	37
A Final Word	38
Facilitator Contract	39
Facilitator's Monthly Invoices	41
<b>Chapter 6: Resources to Assist Facilitators in Supporting Families</b>	<b>43</b>
The Web of Friendship	43
Tips for Families Building Networks	46